

## Women in STEAM: How does one narrow down a career? By: Rhoda Essien

## About me

Bachelor of Science in Information Technology

Freelance Web Developer/Graphic Designer

Currently Pursuing my Doctor of Medicine



## Why do we need women in STEAM?

- Diversity in Innovation: Diverse teams lead to more innovative solutions.
- Closing the Gender Gap: Reducing gender disparities in STEAM helps achieve equity
- Economic Growth: STEM careers are vital for economic development.





The gender gap in STEAM It's time to break stereotypes and encourage girls to pursue STEAM careers. Diversity in STEAM leads to innovation and progress for all. BUT:

• Stereotypes and bias • Lack of female role models • Work-life balance issues

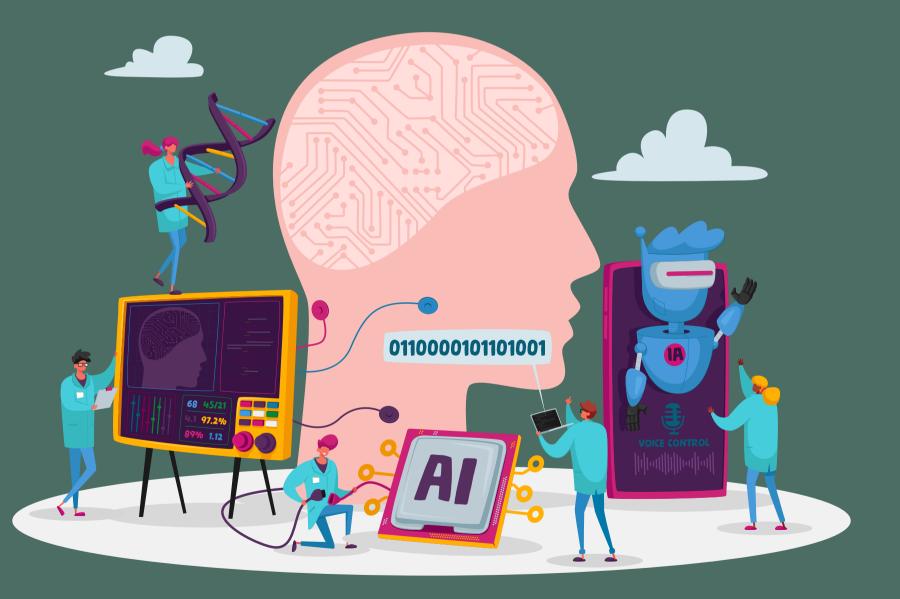


### Step 1: Self-Reflection

- Ask yourself: What are you passionate about?
- What subjects or topics excite you?
- Consider your hobbies and interests.
- Seek mentors or role models for guidance

# Step 2: Explore the STEAM Landscape

- Research various STEAM disciplines.
- Attend workshops, seminars, and webinars.
- Engage in online courses or MOOCs (e.g. Coursera)
- Join STEM clubs or organizations.





- Identify the academic requirements for your chosen field.
- programs, or research opportunities.

Step 3: Choose Your **Educational Pathway** 

• Select a college or university with a strong STEAM program. • Consider internships, co-op

## Step 4: Build a Support System

- Connect with professors, professionals, and peers in STEM.
- Seek mentors who can offer guidance and advice.
- Join professional organizations like Women in STEM networks.





- allies.

Step 5: Navigating Gender-**Related Challenges** 

• Address stereotypes and biases through education and advocacy. • Seek support from mentors and

• Balance career and personal life with effective time management.

## Step 6: Narrowing Down Your STEAM Career

- Consider your experiences and interests.
- Evaluate job prospects and demand in your chosen field.
- Set short-term and long-term career goals.





## **Step 7: Pursue Excellence and Continuous Learning**

- Stay updated with the latest advancements in your field.
  Attend conferences and
- Attend confe workshops.
- Consider pursuing advanced degrees or certifications

## Thank you for joining me in celebrating and supporting women in STEAM fields!





